MCNEESE STATE UNIVERSITY
KAY DORÉ COUNSELING CLINIC

TOGETHER!

WE CAN HELP YOU BECOME THE BEST VERSION OF YOURSELF! YOU ARE NOT ALONE!



AFFORDABLE COUNSELING SERVICES



Call today 337-475-5981

Evening and Saturday appointment times available.

Flat rate of \$20 per session.

OUR MISSION

The mission of the Kay Doré Counseling Clinic is to provide affordable, confidential behavioral health counseling services for the Southwest Louisiana adult and child population, as well as to provide a training facility for counseling graduate students at McNeese State University.

OUR CLIENTS

We work with adults, adolescents and children. We offer individual, couples, family and group counseling.

COMMON ISSUES ADDRESSED

- anger and stress management
- · anxiety, depression, grief and self-esteem
- communication and relationships
- · adjustment and life transitions
- · time management and work
- autism spectrum disorder
- and more



Community Partner

Counseling Services

The Kay Doré Counseling Clinic (\$20 a session)	
On McNeese Campus	337-475-5981
Counseling Services of SWLA (private insurance	
only; ages 5-adult)	337-431-7194
2711 Ernest St. LC, LA 70601	
Emmanuel Counseling Services (ages 4+)	
2409 2nd St. LC, LA 70601	337-485-9564
Lake Charles Mental Health Center (Medicaid,	
private insurance, sliding scale)	337-475-8022
4105 Kirkman St. LC,LA 70607	
Family and Youth Counseling Center (sliding scale	
fee only ages 3+)	337-436-9533
220 Louie St. LC, LA 70601	
Gulf Coast Social Services, Inc: MST Program	
(Medicaid, private insurance, Private pay Ages 11-	337-436-6622
17)	
825 Ryan St. LC, LA 70601	
Kidz, Inc. (private pay only)	
109 East St. LC, LA 70601	337-497-1002
Solutions Counseling (Medicaid, private insurance	
ages 5+)	337-310-2822
710 East Prien Lake Rd. LC, LA 70601	
Disney and Associates (Medicaid only)	
2711 Ernest St. Lake Charles, LA 70601	337- 431-7194
Institute for Neuropsychiatry (Medicaid, private	
insurance)	337-477-7091
2829 4th Ave., Suite 150 LC,LA 70601	
Lake Charles Behavioral Health (Medicaid Only)	
4105 Kirkman St. Lake Charles, LA 70607	337-475-8022
Rehab Services of SWLA (Medicaid Only)	
803 Bayou Pines West, Suite A, LC,LA 70601	337-433-3292
Resource Management (Medicaid only)	
1333 Common St. LC, LA 70601	337-437-4014